

WOMEN EMPOWERMENT EVENT

**Report on Event Conducted on
November 28, 2022 at Jayshree
Polymers Private Ltd., Haridwar,
Uttarakhand.**

**ABSTRACT: The event aimed at spreading awareness
on women empowerment through welfare schemes,
rights available and motivational stories The event
was a collaboration between the Legal Aid Centre and
the Millennium Fellowship Project 'Chaitanya'.**

Conducted by:
Ms. Vanshika Rana,
Co-Convener

Under the Guidance
of:
Ms. Charvi Kumar,
Administrator -
Legal Aid Centre,
Symbiosis Law
School, NOIDA

I. Concept Note

Project Chaitanya was started by taking in mind the attitude of the society towards gender equality. As in our country India, women are being worshipped but at the same time they are also the victim of violence this showcases a hypocrite attitude. When we see these acts of violence or the discrimination that women suffer even in the twenty first century is saddening. So, we thought of why shouldn't we empower women and let them know their rights but why only women need to know about this why not everybody and for doing the same, we started conducting sessions with children, adolescent girls and women because a change can be brought if we from the start, we as a society and we as an individual make small changes to our thinking then definitely there will come a day when there would be no need to educate people about gender equality. This event was conducted with a group of adolescent girls or women pertaining to women empowerment and talk about the issues which they face and help them out in every way possible.

II. Objectives

The main objectives of this event were:

1. To create awareness about gender equality.
2. To tell women about the legal remedies available to them in case of domestic violence, sexual harassment of women at workplace.
3. Make them a responsible citizen.
4. To motivate them to fight for their rights

III. Preliminary Preparations

Before conducting the event, the organisers made the following preparations:

1. Created a plan of action as to the requirements for the event as well as narrowing down on the target population.
2. Researching laws and schemes for women's welfare.
3. Made posters and pamphlets to help disseminate information in a more orderly and eye-catching manner.

IV. Conducting the Event

Ms. Vanshika Rana introduced herself and began her talk. The predominant topic was women empowerment. The gist of her talk is reproduced below.

Women can attain their greatest potential when they live in a safe, joyful, and productive environment. They can contribute their abilities to the workforce while also raising happier and healthier kids. They can also contribute to the development of sustainable economies, as well as benefit society and mankind as a whole. Education is a crucial aspect of this empowerment. Girls who have education can eventually pursue meaningful work and contribute to their country's economy. Giving women the right to be strong is empowering women. Women can engage equally in school, society, the economy, and politics. Women can participate in society because they have the freedom to choose their religious, linguistic, occupational, and other interests. Women have the same access to higher education as males. They can continue their education at a high level, complete their classes, develop a skill, and study whatever they desire. Women's empowerment is a part to encourage women to feel strong by telling them that they can do everything that they want to do.

Women can work outside their home, have opportunity to make up their mind. They can earn money to support their family by working through their abilities. As some women are not confident to work in a hard condition or a high position because they still determine that it's not women's job. Empowerment helps to reduce in domestic violence due people promote and give the value to women. Women are not abused by any factors such as sexual abuse, emotion abuse and physical abuse. With the same mindset the issues of domestic violence and sexual harassment of women at workplace were also discussed by telling them the legal remedies for the same in case any of them is facing it.

V. Response of the Target Population and Outcomes

The women with whom the sessions were conducted were really happy to listen to us. They were not only listening to us carefully but even asked questions and discussed their problems to which suitable remedies were told. Not only this we even helped a kid to start going to school by talking to his parents and convinced them about the same. In order to know whether the topics discussed were understood by them questions were asked which were duly answered, this ensured us that we are able to help them in some way or the other. Moreover, all the people even thanked us for imparting knowledge to them.

Around 50-60 women were benefitted out of the event conducted by us during this event.

VI. Conclusion

The project aimed at educating people about gender equality which was done by conducting sessions with women where topics

like sexual harassment, domestic violence and women empowerment along with gender equality were being discussed. As many women were not aware about their rights and through our session they came to know about it which have benefitted them in some way or the other was the best part of the project. The top challenge in front of us was to how to let women talk about their instances of any discrimination or harassment which was faced by them because after knowing the rights it was our duty to help them out. Moreover, the challenge was to how to discuss sensitive issues with rural women as they are not very reluctant to talk about it but this problem was easily cleared as the sessions were designed in such a way that made them to talk about the issues being faced by them as personal interactions turned out to be a great help.

GLIMPSE OF THE EVENT

